



Seminar Series

These seminars are **Free** to all NCHA members and all member are welcome to attend, including parents.

Concussion Awareness Seminar - Signs and Symptoms (1 hour)

- 7 pm Tuesday September 6th, 2016
- 7 pm Wednesday September 14th, 2016
- 7 pm Thursday September 22nd, 2016

Nutrition Seminar –Topic TBA

- 7 pm Wednesday October 12th, 2016

Athletic Therapy Seminar –Taping and Wrapping

- 7 pm Tuesday October 18th, 2016

Sports Psychology Seminar –Topic TBA

- 7 pm Thursday November 24th, 2016

GOALTENDING PROGRAM

- Sunday September 18th, 2016
 - Off Ice Session – 4:00 pm to 5:00 pm
 - On Ice Session – 5:00 pm to 6:00 pm
- Sunday October 16th, 2016
 - Off Ice Session – 4:00 pm to 5:00 pm
 - On Ice Session – 5:00 pm to 6:00 pm
- Sunday November 20th, 2016
 - Off Ice Session – 4:00 pm to 5:00 pm
 - On Ice Session – 5:00 pm to 6:00 pm

All seminars to take place at RHP Training Centre